

Magee Secondary

Personal Growth Week

SOGI 101 – Out in Schools

SOGI 101 asks participants to step into questioning and curiosity to analyze media representations and take a deeper look at 2SLGBTQIA+ lived realities through film and dialogue. Our trained facilitators support empathy building and allyship through safer space discussions and critical media analysis.



Invasion – Land Defenders Film and Workshop

In this era of “reconciliation”, Indigenous land is still being taken at gunpoint. ‘Invasion’ is a new film about the Unist’ot’en Camp, the Gidimt’en checkpoint and the larger Wet’suwet’en Nation standing up to the Canadian government and corporations who continue colonial violence against Indigenous people



BoarderX and Caesna?em fieldtrip – Vancouver Museum

Boarder X is a travelling exhibition that features work by contemporary artists from Indigenous nations across Canada: Jordan Bennett, Roger Crait, Steven Davies, Mark Iglooliorte, Mason Mashon, Meghann O’Brien, and Les Ramsay. Reflecting on cultural, political, environmental, and social perspectives related to the landscapes and territories we occupy, the exhibition examines contested spaces, political borders, hybrid identities, and traditional lands. The artwork draws parallels to urban areas prohibiting skateboarding, ski runs unwelcome to snowboarders, and surfers’ constant search for uncrowded waves. **Caesna?em**, known to archaeologists variously as the Eburne Midden, Great Fraser Midden, and Marpole Midden, recently made headlines when ancient burials were uncovered through urban development and the Musqueam strove to protect them.



Films Celebrating Black and Indigenous History

Magee Auditorium will be screening films celebrating Black History month and Indigenous culture, art, history and resistance.



Films on the History of Gay Rights and Pride Movement



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Numeracy 10 Provincial Exams

All grade 10’s planning to graduate in BC must complete the Numeracy 10 provincial exam. Make sure to check the schedule and attend the exam you are scheduled for.

Any grade 11 or 12 students that have not yet written the exam should sign up through their grade team on Microsoft Teams.

Literacy 12 Provincial Exams

Any grade 12 students wishing to re-write the Literacy 12 exam need to sign up through their grade 12 ‘team’. Make sure to check the schedule and attend the exam you are scheduled for.



Redefining Masculinity

In the wake of the #MeToo movement and increasing reports of sexual assaults on university campuses, the issue of male sexual violence is dominating news headlines. This interactive workshop educates students about the harms of toxic masculinity, ways to ask for consent, and offers some tips about how to be an active bystander.

Some of the topics covered throughout the workshop include: sexual violence, the #MeToo movement, sexual assault can happen to anyone, the harms of toxic masculinity, victim blaming, consent, what we can do to make a difference, resources for survivors



Water is Life Workshop

Water is Life workshop is designed to deepen students’ understanding of the climate crisis and threats to freshwater, and engage them in taking meaningful action. The workshop also makes connections to the Sustainable Development Goals, and weave in Indigenous perspectives. The workshop builds understanding of the causes and impacts of climate change, intersectional climate justice, and the connection of water to life and climate. The workshop focuses on possible actions and solutions students can take. Students are guided through individual actions, as well as the importance of collective action for systemic change. Participants will complete an action tracker after the workshop to guide them in taking action and tracking their progress. The tracker assists students in contemplating and building habits of sustainability accessible to them in their lives.



Swordfighting Workshop

Longsword Fundamentals will get you out of the house, your body moving, and connect you with your inner medieval warrior! Based on the beginner longsword training programs of medieval warriors, you’ll learn how to move and flow with a medieval two-handed sword through guards, attacks, defenses, and combinations.



Prisoners Dilemma

The Prisoner’s Dilemma is a fascinating simulation game that explores how people are drawn into cooperative or non-cooperative behavior- as we run through the game we either cooperate or become increasingly entrenched in choices that clearly are leading to our destruction! You’ll love this session if you are interested in human behavior or game theory!

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Wed Jan 26, Thu Jan 27, Fri Jan 28, Tue Feb 1

Our Vision

Esse Quam Videri - To be, rather than to seem. The Magee moto of being authentically yourself will hopefully serve to guide you through a lifetime of complexity, change and opportunity.

Our world faces difficult challenges, from the climate and mental health crisis to rapid technological change, and a fragmentation of vision and moral purpose.

Helping to shape our world towards justice, human rights and sustainable development is routed in each individual desire to learn and be a better protector of themselves and others.

It is with this purpose that we developed the Magee “Personal Growth Week”

You Guide Your Learning

Students sign-up for activities (assemblies, concerts, films, presentations, field trips and workshops)

[@vsbworld.onmicrosoft.com/bookings/](https://outlook.office365.com/owa/calendar/MageeSecondary)

Students must sign-up for a minimum of **12 sessions over the 4 days**. Sparts students need to attend 6 sessions. Activities that run longer than 1.5 hours count as 2 sessions.

If you are not in a session, you are expected to study, read, or work independently. You must remain at Magee during school hours.

Attendance will be taken at each activity. You may only attend the activity for which you’ve signed up. Space in each activity is limited, so make sure you **sign up early**. Note: some activities require signed permission forms.

There will be a staggered posting of workshops for sign-up. New workshops will be posted at **4pm on Thu Dec 16, Mon Jan 10, and Mon Jan 17**.

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Hogan's Alley Field Trip

To understand why [Vancouver](#) doesn't have any "Black neighborhoods," it's important to look at Hogan's Alley — its rise, its fall, and how it's being memorialized today. In 1935, the Park Lane street that ran through the Strathcona district of [Vancouver](#), British Columbia, was a "red-light" district. But thanks to the [African diaspora](#) in the area — combined with the ethnic diversity provided by the incoming Chinese, Japanese, and Italian immigrants in the area — the town that became known as Hogan's Alley was considered the most ethnically diverse, and thriving, neighborhoods in Vancouver. The Hogan's Alley field trip will explore some of the areas most important cultural landmarks.



Skateboarding 101 Workshop

This skateboarding workshop is for all levels; absolute beginner to advanced level. Please bring your own board, rehydration and safety gear. If needed, purchase from Anti-Social Skate Shop (2337 Main St.) and mention Magee Skateboarding 101 for a discount.



Field Trip to Musqueam Nation



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Leaving from the Musqueam Nation Administration offices the tour focuses on the ecology and history of the Musqueam Nation, describing the close relation that exists between history and environment. The tour has important lessons for settlers as we try to understand the consequences of our actions.

Dance Lessons

Learn different styles of dance, from jazz to hip hop, in 3 available sessions with our 'Arts Umbrella' professional student instructors. The class is available to all grades and dance levels.



Graffiti Workshop

Learn the art of Graffiti from renowned street artist Emotionz (Dave Nelson). Nelson is a multi-media hip hop artist who's been doing graffiti, rap, breakdancing and beatboxing in Vancouver for over 25 years.



Breakdancing Lesson from B-Boy Jax

Jax Hsu also known as Jax Fermada in the hip hop/bboy dance scene. He is a popular Youtube dance instructor (Just Break) and has travelled the world competing on international stages and teaching workshops. Winning titles such as *Battle of the Year Canada* and *World of Dance*.



Freestyle Rap and Songwriting Workshop

This workshop is an introduction to freestyle and songwriting by Kia Kadiri. Kadiri has been one of the most respected female vocalists in the Western Canadian Hip-Hop community for almost 20 years! Her energetic performances and unique style, keep her in demand with the best musicians in Vancouver, and in festivals across British Columbia.



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P.M.A Concert

Positive Mental Attitude (P.M.A) is comprised of world renowned Break Dancer B-boy Jax (Jax Hsu aka Jax Fermada), Turntablist Ted-D, Beatboxer/Rapper Emotionz (Dave Nelson), Emcee Trevor Mills, and Hip-Hop artist Kia Kadiri. P.M.A surveys the elements of Hip-Hop culture; breakdancing, beatboxing, turntablism and emceeing to promote healthy tools for young people to use to stay connected, stay focused and most importantly STAY SAFE.



Mindful Tools for Everyday Living

Shared in four, 45-minute sessions, this program teaches skills needed for everyday life: emotional regulation, improved attention, self-awareness, and managing stress and life challenges. Sessions utilize videos, brain science information, games and mindfulness practices. Students sign up for all 4 sessions (Part I, II, III, IV)



Internet Safety and Digital Literacy for Teens

This presentation is designed to provide students with proactive reflective online critical thinking and decision-making strategies, that youth can immediately put to good use. This virtual live training offers the knowledge, information, and empowerment, based on academically peer-reviewed research, case studies, and our online investigative experience that teens and young adults need to know.



Gender and Sexuality 101

Workshop topics include bullying, homophobia and transphobia at schools and in communities, gender stereotypes and the connections between homophobia, transphobia and sexism. We also cover an exploration of gender identity and what it means to be transgender, a look at various myths and stereotypes around LGBTQ/2S youth, and definitions of LGBTQ/2S terms. We will go over empathy exercise to demonstrate allyship, myth busting activities while our presenters share their coming out stories.



Suicide/Crisis Response Training (Grade 10-12)

We offer youth-oriented training that provides teens with practical skills to help support their peers and build connections to resources for further support. Research shows that youth are more likely to confide in their peers when experiencing thoughts of suicide than they are to approach an adult. Our engaging and practical training programs help teens feel prepared for these conversations and gain skills to respond effectively and with confidence.



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SACY Workshop

The SACY workshop explores topics pertaining to substance use while encouraging students to reflect on healthy decision making, their personal values, and their own goals. This workshop will also share information about policies, programs, and practices that aim to minimize health and social impacts associated with substance use. Students will be provided a space for open and honest dialogue and given the opportunity for their voices to be heard.



Cyberbullying, Sexting, Nudes, Intimate Images, and The Law Ages 15+

This session focusses exclusively on two subjects - sexting and bullying. Both topics are independent of one another but often inter-connected. The social and legal circumstances of these behaviours can often be misunderstood, we aim to clarify the facts and risks.



Climate Justice – Youth Climate Ambassadors Workshop

The workshop covers the following:
Climate Narratives: A discussion of students' associations, ideas and feelings regarding climate change, with an emphasis on validating student experiences.
Climate Justice: An introduction to the concept of climate justice and to the 12 year window to make large-scale changes to our socio-economic systems identified by the Intergovernmental Panel on Climate Change in a special report released last year.
Peer Storytelling: Personal stories from the facilitators on how they became motivated to take climate action. Community Storytelling: Stories of other local teens and Indigenous youth who are stepping up to act on climate, and what we can learn from them.
Personal Storytelling: An activity to guide students in becoming a Climate Ambassador in their community: creating a personal climate story, applying unique interests and skills to a chosen method of delivery, and picking a target audience to deliver a call to action.



Dating Violence Prevention - YOUth Ending Violence

The workshops will allow for young people to understand the difference between liberating and oppressive relationships; to understand the dynamics of abuse and the roots of gender-based violence; learn where and how to obtain help; understand the role of social media and traditional media in dating relationships; and to support youth to feel empowered to speak out against dating violence and sexism.



Self-Care for Mental Health

This engaging, single-session online workshop (60 to 90 min) introduces teens to the continuum of mental health and the importance of taking care of our mental health, similar to our physical health. Topics include what is mental health, what is self-care for mental health, and the need for boundaries and limits, with special attention to social media and screen time. Through experiential activities, videos, games and discussions, youth learn ways to take care of their mental health and each participant will create their own personalized "self-care plan" that includes resources available to support in times of crisis or need.

