



We are proud to acknowledge that we live, work, and learn on the traditional and unceded territories of the Musqueam, Squamish and Tsleil-Waututh Coast Salish peoples.

February 4, 2020

Newsletter

Admin Team Message

Happy February! Term two has now begun at Tennyson and there are many learning adventures and opportunities before us. February is often referred to as *kindness month*, as it hosts Valentine’s Day and Pink Shirt Day which is a day specifically designated to celebrate diversity, kindness, and an awareness of how to stop bullying and other non-inclusive behaviour. It is important that these concepts be addressed and discussed with children on an ongoing basis, and we know that outcomes are much stronger when our families do this alongside school staff. It is exciting to see our new building progressing, and as always a big thank you to our PAC (all parents/guardians) and school staff for your collaboration and flexibility during building construction. Have a great month!



Safe Arrival – please help us improve our call-ins!

We have noticed an increase in families not calling in to our Safe Arrival line to report absences or lates. If your child is late or absent, please continue to call the Safe Arrival line prior to 9am. If the absence is for more than one day, you only need to call once if you let us know all of the dates. The number is: (604) 713-5159 and then press ‘84’. **Please do not forget to check in at the office if you are late.**

Not Returning to Tennyson for 2020/2021?

We will soon be working on our preliminary student enrollment numbers for next school year. If you know that your child currently enrolled in Kindergarten through Grade 6 will NOT be returning to Tennyson for the 2020/2021 school year, please let the office know by March 13, 2020. We thank you for your assistance with this.



Using SchoolCash Online for Payments

Thank you to our families for paying for field excursions and in-school workshops on our SchoolCash Online site. We have noticed that some families are not paying by the deadline stated on the field trip permission



slips; in this case the item drops off SchoolCash and our administrative assistant needs to follow up with the teacher and with families. **This would be alleviated if all families pay by the date indicated on the field trip/workshop form** – thanks so much for your help with this! Also, we have updated our field trip forms to include a place where you record the SchoolCash reference number you receive once you pay. This will help us with our wrap-around planning and accounting.

Did you know that in accordance with *Board Administrative Procedure 506: Financial Hardship*, no student shall be denied an opportunity to participate in an activity because of an inability to pay fees? Please contact the teacher, principal/vice-principal or school counsellor if paying a particular fee or charge is a challenge for your family. This information is kept confidential.

Teaching Healthy Practices



Our school staff have been engaging in lessons and conversations with our students regarding hand-washing and healthy choices during cold and flu seasons (which of course are good practices for all times). This has included how to properly wash one's hands frequently, resisting the urge to touch eyes/nose/mouth, and coughing into elbow or a tissue (followed by washing one's hands). Please help us by also reinforcing this at home. Included at the end of the newsletter are several child-friendly posters from our partners at Vancouver Coastal Health.

Celebrating Learning: Tennyson Basketball Teams are going Strong!

The basketball season is underway with the four Tennyson teams (Junior/Senior Girls, and Junior/Senior boys) engaging in various home games, as well as games within our community of schools. Our students have been demonstrating both strong effort and sportsmanship, as well as a lot of skill and perseverance. A big thank you to our amazing parents who have been coaching, and to our staff members who have been coaching, supervising, and doing referee roles at the games (Thank you to coaches Eric, Robin, Ishi, Steven, and Mme George, and to staff sponsors Mme Preston, Mme Simone, Mme Taillefer, Mme George, and M Roch).



Celebrating Learning: Noon-Hours offer diverse experiences!

Recesses and Noon-hours are a fun time for Tennyson students! Between the playground structure, sandboxes and toys, equipment sign-out, and the many wonderful noon-hour clubs that are offered, there is something for everyone! During this time, students play and engage in social interaction that builds many skills. These skills include developing friendships, enhancing physical literacy (movement skills in time and space), conflict resolution, and overall healthy living for the body and mind. Families can support their children by having ongoing conversations about being patient with others, and observant of others, particularly with tighter spaces during construction. Students can take the opportunity to show kindness and care during these times. If someone accidentally bumps into you or runs across your path, it's an opportunity to say "that's okay, we're all sharing the space", and to apologize when someone inadvertently bumps into someone else. Here are a few photos of noon-hour happenings at Tennyson:



Equipment Sign Out



Lego Club



Guitar Club



Lego Club



Celebrating Learning: Curling offers FUN and Physical Activity!

Students throughout the school recently had a lot of fun engaging in the Rocks and Rings Curling program as part of their physical education at Tennyson. A Curling Canada instructor worked with students, and our gym became a curling rink! A big thank you to our PE teacher Mme McHugh for organizing this great opportunity, which brought a fun and popular Canadian activity to our students!





Celebrating Generosity: Tennyson donates to UNYA

A number of Tennyson classrooms recently engaged in an art project with the purpose in raising money to donate to the Urban Native Youth Association (UNYA). UNYA works with indigenous youth by offering a variety of services to empower the youth who work with them. They provide indigenous youth with programming that affirms their identities and solidifies their connections with community. Tennyson families raised over \$1500 for UNYA over the last two years! Thanks to Mme Emilie for her leadership of the initiative.



Developing Healthy Sleep Patterns in Children

Research tells us that healthy sleep patterns are vital for optimal function and performance in children and adults alike. We know that those who have disrupted sleep can struggle during the day, in various ways. From a school perspective, we recommend that all of our students get adequate sleep. Here is an article that might be of interest: <https://www.aap.org/en-us/about-the-aap/aap-press-room/Pages/American-Academy-of-Pediatrics-Supports-Childhood-Sleep-Guidelines.aspx>

Development of Resilience in Teens

Parents and teachers alike often have discussions about building resilience, empathy, and independence in youth and teens. Here are a few recent article that might be of interest:

<https://www.cbc.ca/news/canada/british-columbia/parenting-teens-1.5436175>

<https://www.cbc.ca/news/canada/british-columbia/tale-of-the-teens-new-report-provides-insight-into-adolescent-life-in-b-c-1.5054844>

Tennyson 2020 – Construction Updates

Work continues to progress on our new school building with more windows being installed, interior systems completed, and brickwork starting on the north side. Thank you to the crews at DGS for all their hard work and to the whole community for their collaboration and understanding while we work through this exciting process.

Anticipated completion and move-in for

the new building is Summer, 2020. Here is a photo of the schematic for the new playground. Thank you to our Tennyson 2020 Seismic Advisory Group for their countless hours of work on behalf of our school community!



Below is a rendering of Tennyson's new playground...



LORD TENNYSON ELEMENTARY PAC *Home of the* **TIGERS**

Hot Lunches

This week is a new session for Hot Lunch. If you have not received a reminder email from PAC regarding hot lunch, your child may not be counted in. Please ensure your child has a lunch. You can still sign up at www.munchalunch.com.

Tennyson PAC News

The next Parent Advisory Council meeting will be on February 24th at 7pm in the library. All Tennyson parents/guardians are welcome!

Here is the Tennyson PAC website: www.lordtennyson.ca

Please make sure you are getting the weekly PAC emails! Go to the website above to sign up if you are not – they contain a lot of important and interesting information, and inform you of our many PAC-sponsored initiatives and events.





IMPORTANT DATES

Please check the school and PAC websites for the ongoing addition of items and events



Feb 14: Pro-D (school not in session for students)

Feb 17: Family Day Stat Holiday

Feb 26: Anti-Bullying (Pink Day) Assemblies @ 9:15 and 11:10

Mar 4: Fana Soro performance (tentative)

Mar 16-27: Spring Break/District Closure



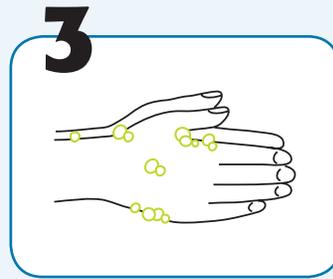
HOW TO HANDWASH



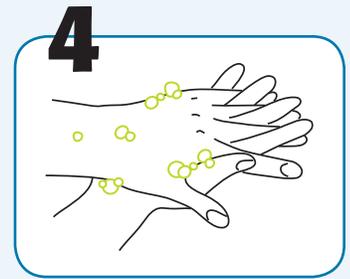
1
Wet hands with warm water.



2
Apply soap.



3
Lather soap and rub hands palm to palm.



4
Rub in between and around fingers.

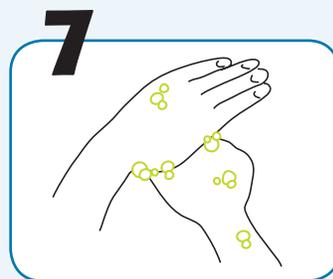
Lather hands for a total of 30 seconds



5
Rub back of each hand with palm of other hand.



6
Rub fingertips of each hand in opposite palm.



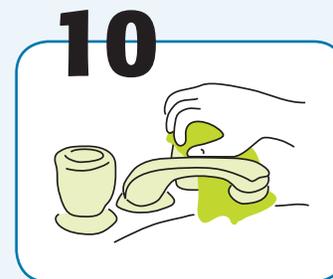
7
Rub each thumb clasped in opposite hand.



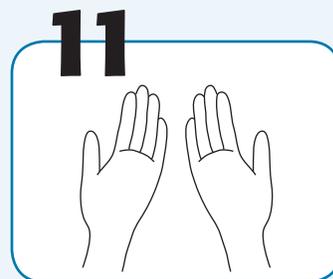
8
Rinse thoroughly under running water.



9
Pat hands dry with paper towel.



10
Turn off water using paper towel.

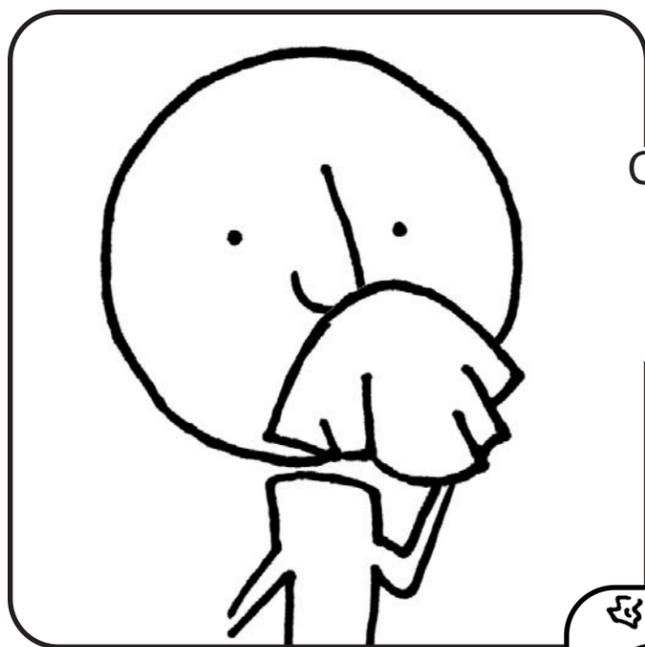


11
Your hands are now safe.



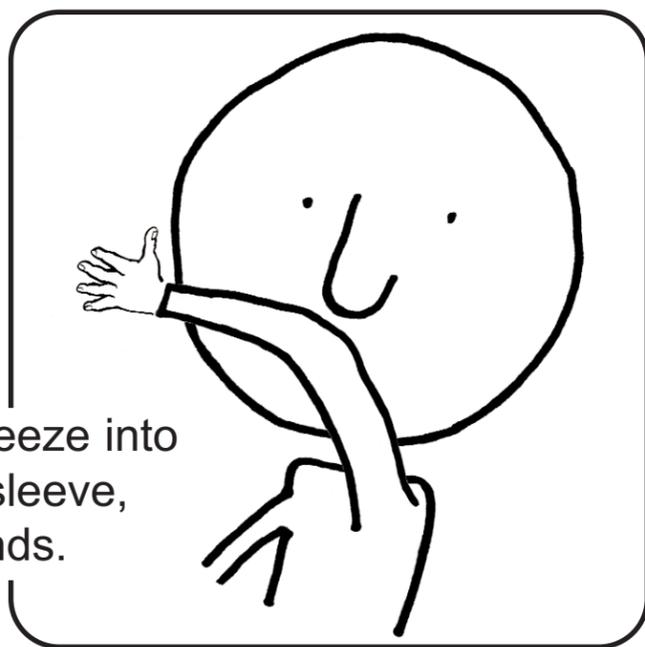
Stop the spread of germs that make you and others sick!

Cover your Cough



Cover your mouth and nose with a tissue when you cough or sneeze

or
cough or sneeze into your upper sleeve, not your hands.

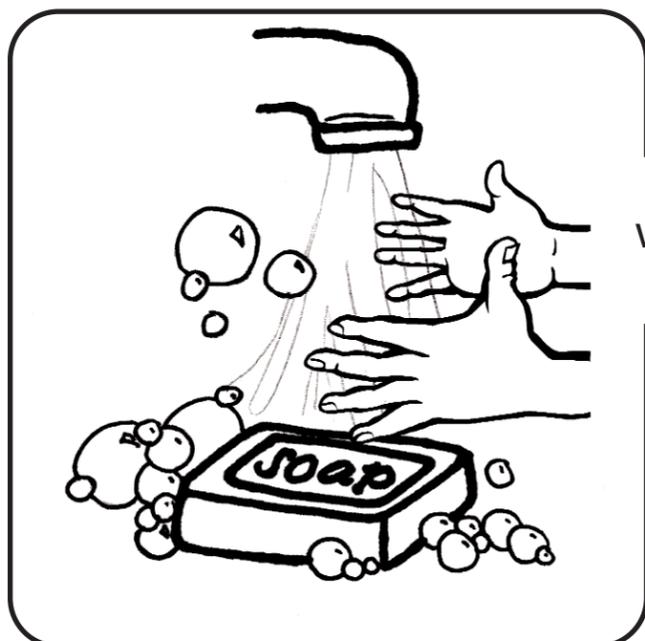


Put your used tissue in the waste basket.



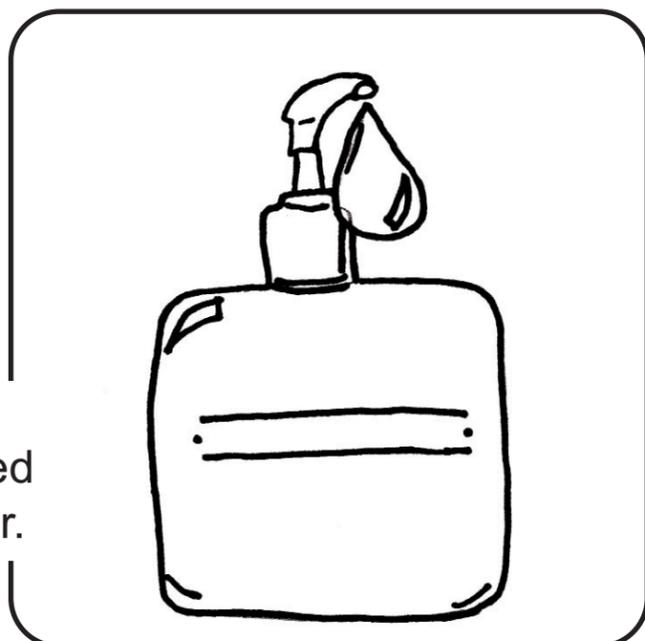
Clean your Hands

after coughing or sneezing.



Wash hands with soap and warm water

or
clean with alcohol-based hand cleaner.



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